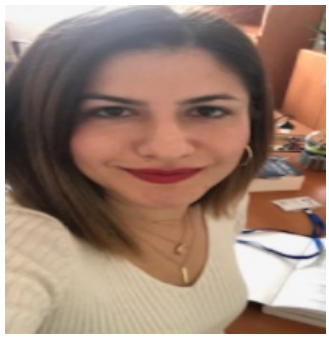
Asst. Prof. SEMRA UÇAR



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ScopusID: 57216859048
Yoksis Researcher ID: 308183

Education Information

Doctorate, Istanbul University, Hasan Ali Yücel Eğitim Fakültesi, Eğitim Bilimleri Bölümü, Turkey 2013 - 2018
Postgraduate, Ege University, Sosyal Bilimler Enstitüsü, Turkey 2009 - 2012
Undergraduate, Ege University, Faculty Of Education, Eğitim Bilimleri Bölümü, Turkey 2005 - 2009

Certificates, Courses and Trainings

Other, BDT Beceri Eğitimi, Bilişsel Davranışçı Psikoterapiler Derneği, 2015

Dissertations

Doctorate, Beliren Yetişkinlikte Romantik İlişki Deneyimleri, Istanbul University, 2018
Postgraduate, Üniversite Öğrencilerinde Mükemmeliyetçiliğin Yordanması, Ege University, Sosyal Bilimler Enstitüsü, 2012

Research Areas

Social Sciences and Humanities

Academic Titles / Tasks

Assistant Professor, Erciyes University, Eğitim Fakültesi, Eğitim Bilimleri, 2019 - Continues

Courses

Community service practices, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020
Professional Ethics and Legal Issues, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020
Current Issues in Psychological Counseling, Undergraduate, 2021 - 2022, 2019 - 2020

Applied Behavior Analysis, Undergraduate, 2021 - 2022
Personality Theories, Undergraduate, 2021 - 2022, 2019 - 2020
GPC Practices in Schools I, Undergraduate, 2022 - 2023, 2021 - 2022
GPC Practices in Schools II, Undergraduate, 2021 - 2022
Introduction to Psychology, Undergraduate, 2022 - 2023, 2019 - 2020
Behavioral Disorders I, Undergraduate, 2022 - 2023, 2021 - 2022
Individual Counseling Practice I, Undergraduate, 2022 - 2023, 2021 - 2022
Counseling Skills, Undergraduate, 2021 - 2022, 2020 - 2021
Behavioral Disorders II, Undergraduate, 2021 - 2022
Group Counseling, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020
Individual Counseling Practice II, Undergraduate, 2021 - 2022
Psychological Counseling with Children and Adolescents, Undergraduate, 2021 - 2022
Post Traumatic Counseling, Undergraduate, 2021 - 2022
Counseling Principles and Techniques, Undergraduate, 2022 - 2023, 2020 - 2021
Close Relationship Psychology, Undergraduate, 2021 - 2022
School Experience, Undergraduate, 2020 - 2021, 2019 - 2020
Psychological Testing, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020
Social Psychology, Undergraduate, 2020 - 2021
Family Counseling, Undergraduate, 2021 - 2022
LIFE PERIODS AND ADJUSTMENT PROBLEMS, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020
Marriage and Family Relationship, Undergraduate, 2020 - 2021, 2019 - 2020
Developmental Psychology, Undergraduate, 2020 - 2021, 2019 - 2020
Field Practice in Individual Counseling , Undergraduate, 2020 - 2021, 2019 - 2020
Child Psychology, Undergraduate, 2019 - 2020
Guidance, Undergraduate, 2019 - 2020

Jury Memberships

Competition, Erciyes University, March, 2021
Competition, Erciyes University, March, 2020

Published journal articles indexed by SCI, SSCI, and AHCI

I. **Exploring Romantic Relationship Patterns among Turkish Emerging Adults: A Grounded Theory Study**
Uçar S., Demir İ.
EMERGING ADULTHOOD, vol.11, no.1, pp.88-102, 2022 (SSCI)

II. **Initiating, maintaining and terminating a romantic relationship during emerging adulthood in Turkey**
UÇAR S.
CURRENT PSYCHOLOGY, vol.41, no.2, pp.1015-1025, 2022 (SSCI)

III. **Relationship Beliefs and Communication Skills in Turkish Married Individuals: Examining the Mediating Role of Partner Accommodation Behavior and Emotional Dependency**
Yıldız Önal Y., Uçar S.
Journal Of Family Issues, vol.0, 2021 (SSCI)

IV. **Children Aggression Scale-Parent Version (CAS-P): Turkish validity and reliability study**
Ercan E., Ercan E. S., Akyol Ardic U., Ucar S.
ANADOLU PSIKIYATRI DERGISI-ANATOLIAN JOURNAL OF PSYCHIATRY, vol.17, pp.77-84, 2016 (SCI-Expanded)

Articles Published in Other Journals

I. **Professional Ethics in Counselor Education: Ethical and Unethical Situations from The Sopranos TV Series**
UÇAR S., DERİN S.
CUKUROVA UNIVERSITY FACULTY OF EDUCATION JOURNAL, vol.52, no.3, pp.983-1017, 2023 (ESCI)

II. **A Systematic Review Study on Human Givens Therapy's Effectiveness**
Uçar S.
Psikiyatride Güncel Yaklaşımlar, vol.14, no.2, pp.276-283, 2022 (Peer-Reviewed Journal)

III. **Mixed Method Research on Effective Psychological Counselor Characteristics and Empowerment Needs of Turkish School Counselors**
Baştemur Ş., Uçar S.
Participatory Educational Research, vol.9, no.1, pp.1-21, 2022 (Scopus)

IV. **Unlovability, Heplessness and Marriage Duration as a Predictor of Communication Skills in Married Individuals**
Uçar S., Yıldız Önal Y., Baştemur Ş.
Buca Eğitim Fakültesi Dergisi, vol.52, no.1, pp.1-16, 2021 (Peer-Reviewed Journal)

V. **Gender Roles, Personality Traits and Expectations of Women and Men Towards Marriage**
Ercan E., Uçar S.
Educational Policy Analysis and Strategic Research , vol.16, no.1, pp.7-20, 2021 (Peer-Reviewed Journal)

VI. **A mixed method study on dating violence attitudes and experiences in emerging adulthood.**
Uçar S., Baştemur Ş.
Educational Policy Analysis and Strategic Research , vol.15, no.3, pp.140-158, 2020 (Peer-Reviewed Journal)

VII. **A qualitative research on the school psychological counselors' competencies working with child abuse**
Uçar S., Yıldız Y., Dursun-Bilgin M., Baştemur Ş.
HACETTEPE UNIVERSITESI EGITIM FAKULTESI DERGISI-HACETTEPE UNIVERSITY JOURNAL OF EDUCATION, vol.35, no.2, pp.404-414, 2020 (ESCI)

VIII. **Predicting job burnout on married men and women**
Ercan E., Uçar S.
Ege Eğitim Dergisi, vol.19, no.1, pp.209-224, 2018 (Peer-Reviewed Journal)

IX. **Transition from modern family therapies to postmodern family therapies**
Yıldız Y., Uçar S., Baştemur Ş., Dursun-Bilgin M.
Journal of Strategic Research in Social Science, vol.3, no.1, pp.81-94, 2017 (Peer-Reviewed Journal)

X. **Alternative Therapies: New Approaches in Counseling**
Baştemur Ş., Dursun-Bilgin M., Yıldız Y., Uçar S.
PROCEDIA SOCIAL AND BEHAVIOURAL SCIENCES, vol.217, pp.1157-1166, 2016 (Scopus)

XI. **Turkish Counselors' Perspectives toward Feminist Therapy**
Uçar S., Yıldız Y., Dursun-Bilgin M., Baştemur Ş.
Procedia-Social and Behavioral Sciences, vol.217, pp.1176-1184, 2016 (Scopus)

Books & Book Chapters

I. **Yakın İlişkiler Psikolojisi**
Uçar S. (Editor)
Nobel Yayınevi, Ankara, 2023

II. **Yakın İlişkilere Giriş**
Uçar S.
in: Yakın İlişkiler Psikolojisi, Semra Uçar, Editor, Nobel Yayınevi, Ankara, pp.1-16, 2023

III. **Etik Değerlendirmeler**

UÇAR S.
in: Terapötik Beceriler ve Danışmanlık Süreci, Akbulut Kılıçoğlu Nur, Editor, Nobel Akademik Yayıncılık, Ankara, pp.211-242, 2023

IV. **Kariyer Kararı Vermede Sosyal Öğrenme ve Planlanmış Şans Kuramı**
UÇAR S.
in: Kariyer Psikolojik Danışmanlığında Kuramlar, Karacan Özdemir Nurten, Editor, Nobel Akademik Yayıncılık, Ankara, pp.137-153, 2023

V. **Cognitive-Behavioral Therapy**
Uçar S.
in: Theories and Applications of Counseling and Psychotherapy Relevance Across Cultures and Settings, Şule Baştemur,Mustafa Alperen Kurşuncu, Editor, Nobel Yayınevi, Ankara, pp.278-316, 2022

VI. **Şiir Terapisi**
Dursun-Bilgin M., Uçar S.
in: Psikolojik Danışmada Güncel Yaklaşımlar, Şule Baştemur,Mustafa Alperen Kurşuncu, Editor, Nobel Yayınevi, Ankara, pp.283-299, 2022

VII. **Human Givens Terapi**
Uçar S.
in: Psikolojik Danışmada Güncel Yaklaşımlar, Şule Baştemur,Mustafa Alperen Kurşuncu, Editor, Nobel Yayınevi, Ankara, pp.393-409, 2022

VIII. **Okullarda Ruh Sağlığı**
Uçar S. (Editor)
Nobel Yayınevi, Ankara, 2021

IX. **Okullarda Ruh sağlığı ve Etkileyen Faktörler: Ruh Sağlığı Çalışanı Olarak Sorumluluklar**
Uçar S.
in: Okullarda Ruh Sağlığı, Semra Uçar, Editor, Nobel Yayınevi, Ankara, pp.1-13, 2021

X. **Bireyi Tanımada Test Dışı Teknikler**
Uçar S., Baştemur Ş.
in: Rehberlik, Muhammet Ü. Öztabak, Editor, Murat Yayıncılık, Ankara, pp.213-246, 2021

XI. **Yapısal aile terapisi**
Uçar S.
in: Ruh ağlığı profesyonelleri için el kitabı: Kuram, ilke ve teknikleri, Asude Malkoç,Meltem Aslan Gördesli, Editor, Nobel Yayın Dağıtım, Ankara, pp.287-304, 2020

XII. **Okul Sonrası**
Uçar S.
in: Disleksi, Mustafa Alperen Kurşuncu,Selen Demirtaş Zorbaz, Editor, Nobel Yayın Dağıtım, Ankara, pp.179-200, 2020

XIII. **young adult adaptation problems**
Uçar S.
in: Life Periods and Adaptation Problems, Şule Baştemur, Editor, Nobel Yayın Dağıtım, Ankara, pp.251-271, 2020

Refereed Congress / Symposium Publications in Proceedings

I. **7. sınıf öğrencilerine yönelik matematik başarı testi geliştirilmesi**
Çapraz M., Uçar S.
13. Uluslararası Sosyal Beşeri ve Eğitim Bilimleri Kongresi, İstanbul, Turkey, 1 - 03 December 2022, pp.639

II. **Aday Psikolojik Danışmanlar Erken Dönem Uyumsuz Şemalarına Benzer Danışanlar mı Buluyorlar?**
Ercan E., Uçar S.
IXth International Eurasian Educational Research Congress, İzmir, Turkey, 22 - 25 June 2022, pp.1289-1290

III. Derin S., Uçar S.
8. International Eurasian Educational Research Congress, Aksaray, Turkey, 7 - 10 July 2021, pp.1062-1063

IV. Uçar S., Derin S.
ERPA International congresses on education, Sakarya, Turkey, 3 - 05 June 2021, pp.69

V. **Exploring Romantic Relationship Patterns among Turkish Emerging Adults: A Grounded Theory Study**
Uçar S., Demir İ.
9th the Society for the Study of Emerging Adulthood (SSEA) Conference, Toronto, Canada, 10 - 12 October 2019, pp.40

VI. **Initiating, Maintaining and Terminating a Romantic Relationship during Emerging Adulthood in Turkey**
Uçar S.
9th the Society for the Study of Emerging Adulthood (SSEA) Conference, Toronto, Canada, 10 - 12 October 2019, pp.40

VII. **Mixed method research on school psychological counselors' effective psychological counselor qualifications and empowerment needs**
Uçar S., Baştemur Ş.
20. Uluslararasi Psikolojik Danışma ve Rehberlik Kongresi, Samsun, Turkey, 25 - 27 October 2018, pp.186

VIII. **An intercultural qualitative review on the impact of others' thoughts when making decisions**
Ercan E., Uçar S.
20. Uluslararasi Psikolojik Danışma ve Rehberlik Kongresi, Samsun, Turkey, 25 - 27 October 2018, pp.439

IX. **Communication skills, conflict resolution styles, relationship beliefs and emotional attachment in married individuals in terms of various variables**
Uçar S., Yıldız Y., Baştemur Ş., Dursun-Bilgin M.
4. Uluslararası Eğitim Bilimleri Sempozyumu, Antalya, Turkey, 3 - 05 May 2018, pp.67

X. **Marital expectation, gender roles and personality traits in women and men**
Ercan E., Uçar S.
5. International Eurasian Educational Research Congress, Antalya, Turkey, 2 - 05 May 2018, pp.1595-1597

XI. **Dating aggression in emerging adulthood: Mixed Method Study**
Uçar S., Baştemur Ş.
5. International Eurasian Educational Research Congress, Antalya, Turkey, 2 - 05 May 2018, pp.1591-1594

XII. **Prediction of perfectionism in terms of coping strategies, life satisfaction and psychological symptoms**
Ercan E., Uçar S.
1. International Congress on New Horizons in Education and Social Sciences, İstanbul, Turkey, 9 - 11 April 2018, pp.30

XIII. **Master of life seniors reflections on cartoons**
Baştemur Ş., Yıldız Y., Uçar S., Dursun-Bilgin M.
3. International Eurasian Educational Research Congress, Muğla, Turkey, 30 May - 03 June 2016, pp.1741-1742

XIV. **Turkish counselors' perspectives toward feminist therapy.**
Uçar S., Yıldız Y., Dursun-Bilgin M., Baştemur Ş.
3rd International Congress on Clinical and Counseling Psychology, İstanbul, Turkey, 13 - 17 October 2015, pp.49

XV. **Psikolojik Danışmada Yeni yaklaşımlar:Alternatif Terapiler**
Baştemur Ş., Dursun-Bilgin M., Yıldız Y., Uçar S.
3rd International Congress on Clinical and Counseling Psychology, İstanbul, Turkey, 13 - 17 October 2015, pp.49

XVI. **From modern family therapies Transition to postmodern family therapies.**
Yıldız Y., Dursun-Bilgin M., Uçar S., Baştemur Ş.
13. Ulusal Psikolojik Danışma ve Rehberlik Kongresi., Mersin, Turkey, 7 - 09 October 2015, pp.846-847

XVII. **Abroad and in Turkey Systematic review study of solution-focused short-term therapy between 2011-2015**
Uçar S., Baştemur Ş., Dursun-Bilgin M., Yıldız Y.
13. Ulusal Psikolojik Danışma ve Rehberlik Kongresi, Mersin, Turkey, 7 - 09 October 2015, pp.835-837

XVIII. **Prediction of job burnout in married couples**

Ercan E., Uçar S.
ICEC 2013: 2nd International Counseling and Education Conference, İstanbul, Turkey, 1 - 04 May 2013, pp.21

XIX. **Validity and reliability of the scale of discriminating psychological counseling skills among university students.**
Ercan E., Er G., Uçar S., Yaka B.
10. Ulusal Psikolojik Danışma ve Rehberlik Kongresi, Adana, Turkey, 21 - 23 October 2009, pp.183

Metrics

Publication: 47
Citation (WoS): 1
Citation (Scopus): 3
H-Index (WoS): 2
H-Index (Scopus): 1

Non Academic Experience

University, İstanbul Medipol Üniversitesi, Rehberlik ve Psikolojik Danışmanlık ABD
Other Public Institution, Milli Eğitim Bakanlığı, Rehberlik Araştırma Merkezi, İlkokul
MİLLİ EĞİTİM BAKANLIĞI
Business Establishment Private, Çocuk & Ergen Psikiyatri Merkezi, -
Çocuk ve Ergen Psikiyatri Merkezi