

## Assoc. Prof. SEMRA UÇAR

### Personal Information

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### International Researcher IDs

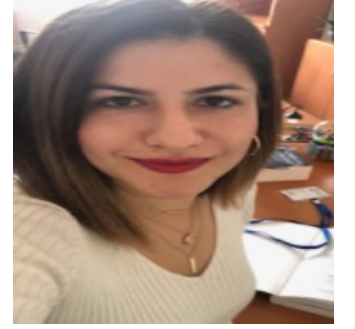
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Publons / Web Of Science ResearcherID: AAL-9361-2021

ScopusID: 57216859048

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### Education Information

Doctorate, Istanbul University, Hasan Ali Yücel Eğitim Fakültesi, Eğitim Bilimleri Bölümü, Turkey 2013 - 2018

Postgraduate, Ege University, Sosyal Bilimler Enstitüsü, Turkey 2009 - 2012

Undergraduate, Ege University, Faculty Of Education, Eğitim Bilimleri Bölümü, Turkey 2005 - 2009

### Certificates, Courses and Trainings

Other, BDT Beceri Eğitimi, Bilişsel Davranışçı Psikoterapiler Derneği, 2015

### Dissertations

Doctorate, Beliren Yetişkinlikte Romantik İlişki Deneyimleri, Istanbul University, 2018

Postgraduate, Üniversite Öğrencilerinde Mükemmeliyetçiliğin Yordanması, Ege University, Sosyal Bilimler Enstitüsü, 2012

### Research Areas

Social Sciences and Humanities

### Academic Titles / Tasks

Assistant Professor, Erciyes University, Eğitim Fakültesi, Eğitim Bilimleri, 2019 - Continues

### Courses

Community service practices, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

Professional Ethics and Legal Issues, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021, 2019 - 2020

Current Issues in Psychological Counseling, Undergraduate, 2021 - 2022, 2019 - 2020

Applied Behavior Analysis, Undergraduate, 2021 - 2022  
Personality Theories, Undergraduate, 2021 - 2022, 2019 - 2020  
GPC Practices in Schools I, Undergraduate, 2022 - 2023, 2021 - 2022  
GPC Practices in Schools II, Undergraduate, 2021 - 2022  
Introduction to Psychology, Undergraduate, 2022 - 2023, 2019 - 2020  
Behavioral Disorders I, Undergraduate, 2022 - 2023, 2021 - 2022  
Individual Counseling Practice I, Undergraduate, 2022 - 2023, 2021 - 2022  
Counseling Skills, Undergraduate, 2021 - 2022, 2020 - 2021  
Behavioral Disorders II, Undergraduate, 2021 - 2022  
Group Counseling, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020  
Individual Counseling Practice II, Undergraduate, 2021 - 2022  
Psychological Counseling with Children and Adolescents, Undergraduate, 2021 - 2022  
Post Traumatic Counseling, Undergraduate, 2021 - 2022  
Counseling Principles and Techniques, Undergraduate, 2022 - 2023, 2020 - 2021  
Close Relationship Psychology, Undergraduate, 2021 - 2022  
School Experience, Undergraduate, 2020 - 2021, 2019 - 2020  
Psychological Testing, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020  
Social Psychology, Undergraduate, 2020 - 2021  
Family Counseling, Undergraduate, 2021 - 2022  
LIFE PERIODS AND ADJUSTMENT PROBLEMS, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020  
Marriage and Family Relationship, Undergraduate, 2020 - 2021, 2019 - 2020  
Developmental Psychology, Undergraduate, 2020 - 2021, 2019 - 2020  
Field Practice in Individual Counseling , Undergraduate, 2020 - 2021, 2019 - 2020  
Child Psychology, Undergraduate, 2019 - 2020  
Guidance, Undergraduate, 2019 - 2020

## **Jury Memberships**

Competition, Erciyes University, March, 2021  
Competition, Erciyes University, March, 2020

## **Published journal articles indexed by SCI, SSCI, and AHCI**

- I. **REFLECTION OF CONTENT AND FEELINGS, CONFRONTATION, SELF-REFERENCING: THE SOPRANOS AS AN EXAMPLE OF TEACHING MATERIAL**  
Derin S., UÇAR S.  
CESKOSLOVENSKA PSYCHOLOGIE, vol.68, no.3, pp.291-307, 2024 (SSCI)
- II. **Exploring Romantic Relationship Patterns among Turkish Emerging Adults: A Grounded Theory Study**  
Uçar S., Demir İ.  
EMERGING ADULTHOOD, vol.11, no.1, pp.88-102, 2022 (SSCI)
- III. **Initiating, maintaining and terminating a romantic relationship during emerging adulthood in Turkey**  
UÇAR S.  
CURRENT PSYCHOLOGY, vol.41, no.2, pp.1015-1025, 2022 (SSCI)
- IV. **Relationship Beliefs and Communication Skills in Turkish Married Individuals: Examining the Mediating Role of Partner Accommodation Behavior and Emotional Dependency**  
Yıldız Önal Y., Uçar S.  
Journal Of Family Issues, vol.0, 2021 (SSCI)
- V. **Children Aggression Scale-Parent Version (CAS-P): Turkish validity and reliability study**

## Articles Published in Other Journals

- I. **Professional Ethics in Counselor Education: Ethical and Unethical Situations from The Sopranos TV Series**  
UÇAR S., DERİN S.  
CUKUROVA UNIVERSITY FACULTY OF EDUCATION JOURNAL, vol.52, no.3, pp.983-1017, 2023 (ESCI)
- II. **A Systematic Review Study on Human Givens Therapy's Effectiveness**  
Uçar S.  
Psikiyatride Güncel Yaklaşımlar, vol.14, no.2, pp.276-283, 2022 (Peer-Reviewed Journal)
- III. **Mixed Method Research on Effective Psychological Counselor Characteristics and Empowerment Needs of Turkish School Counselors**  
Baştemur Ş., Uçar S.  
Participatory Educational Research, vol.9, no.1, pp.1-21, 2022 (Scopus)
- IV. **Unlovability, Helplessness and Marriage Duration as a Predictor of Communication Skills in Married Individuals**  
Uçar S., Yıldız Önal Y., Baştemur Ş.  
Buca Eğitim Fakültesi Dergisi, vol.52, no.1, pp.1-16, 2021 (Peer-Reviewed Journal)
- V. **Gender Roles, Personality Traits and Expectations of Women and Men Towards Marriage**  
Ercan E., Uçar S.  
Educational Policy Analysis and Strategic Research , vol.16, no.1, pp.7-20, 2021 (Peer-Reviewed Journal)
- VI. **A mixed method study on dating violence attitudes and experiences in emerging adulthood.**  
Uçar S., Baştemur Ş.  
Educational Policy Analysis and Strategic Research , vol.15, no.3, pp.140-158, 2020 (Peer-Reviewed Journal)
- VII. **A qualitative research on the school psychological counselors' competencies working with child abuse**  
Uçar S., Yıldız Y., Dursun-Bilgin M., Baştemur Ş.  
HACETTEPE UNIVERSITESI EGITIM FAKULTESI DERGISI-HACETTEPE UNIVERSITY JOURNAL OF EDUCATION, vol.35, no.2, pp.404-414, 2020 (ESCI)
- VIII. **Predicting job burnout on married men and women**  
Ercan E., Uçar S.  
Ege Eğitim Dergisi, vol.19, no.1, pp.209-224, 2018 (Peer-Reviewed Journal)
- IX. **Transition from modern family therapies to postmodern family therapies**  
Yıldız Y., Uçar S., Baştemur Ş., Dursun-Bilgin M.  
Journal of Strategic Research in Social Science, vol.3, no.1, pp.81-94, 2017 (Peer-Reviewed Journal)
- X. **Alternative Therapies: New Approaches in Counseling**  
Baştemur Ş., Dursun-Bilgin M., Yıldız Y., Uçar S.  
PROCEDIA SOCIAL AND BEHAVIOURAL SCIENCES, vol.217, pp.1157-1166, 2016 (Scopus)
- XI. **Turkish Counselors' Perspectives toward Feminist Therapy**  
Uçar S., Yıldız Y., Dursun-Bilgin M., Baştemur Ş.  
Procedia-Social and Behavioral Sciences, vol.217, pp.1176-1184, 2016 (Scopus)

## Books & Book Chapters

- I. **Yakın İlişkiler Psikolojisi**  
Uçar S. (Editor)  
Nobel Yayınevi, Ankara, 2023

- II. **Yakın İlişkilere Giriş**  
Uçar S.  
in: Yakın İlişkiler Psikolojisi, Semra Uçar, Editor, Nobel Yayınevi, Ankara, pp.1-16, 2023
- III. **Etik Değerlendirmeler**  
UÇAR S.  
in: Terapötik Beceriler ve Danışmanlık Süreci, Akbulut Kılıçoğlu Nur, Editor, Nobel Akademik Yayıncılık, Ankara, pp.211-242, 2023
- IV. **Kariyer Kararı Vermede Sosyal Öğrenme ve Planlanmış Şans Kuramı**  
UÇAR S.  
in: Kariyer Psikolojik Danışmanlığında Kuramlar, Karacan Özdemir Nurten, Editor, Nobel Akademik Yayıncılık, Ankara, pp.137-153, 2023
- V. **Cognitive-Behavioral Therapy**  
Uçar S.  
in: Theories and Applications of Counseling and Psychotherapy Relevance Across Cultures and Settings, Şule Baştemur, Mustafa Alperen Kurşuncu, Editor, Nobel Yayınevi, Ankara, pp.278-316, 2022
- VI. **Şiir Terapisi**  
Dursun-Bilgin M., Uçar S.  
in: Psikolojik Danışmada Güncel Yaklaşımlar, Şule Baştemur, Mustafa Alperen Kurşuncu, Editor, Nobel Yayınevi, Ankara, pp.283-299, 2022
- VII. **Human Givens Terapi**  
Uçar S.  
in: Psikolojik Danışmada Güncel Yaklaşımlar, Şule Baştemur, Mustafa Alperen Kurşuncu, Editor, Nobel Yayınevi, Ankara, pp.393-409, 2022
- VIII. **Okullarda Ruh Sağlığı**  
Uçar S. (Editor)  
Nobel Yayınevi, Ankara, 2021
- IX. **Okullarda Ruh sağlığı ve Etkileyen Faktörler: Ruh Sağlığı Çalışanı Olarak Sorumluluklar**  
Uçar S.  
in: Okullarda Ruh Sağlığı, Semra Uçar, Editor, Nobel Yayınevi, Ankara, pp.1-13, 2021
- X. **Bireyi Tanımada Test Dışı Teknikler**  
Uçar S., Baştemur Ş.  
in: Rehberlik, Muhammet Ü. Öztapak, Editor, Murat Yayıncılık, Ankara, pp.213-246, 2021
- XI. **Yapısal aile terapisi**  
Uçar S.  
in: Ruh ağılığı profesyonelleri için el kitabı: Kuram, ilke ve teknikleri, Asude Malkoç, Meltem Aslan Gördesli, Editor, Nobel Yayın Dağıtım, Ankara, pp.287-304, 2020
- XII. **Okul Sonrası**  
Uçar S.  
in: Disleksi, Mustafa Alperen Kurşuncu, Selen Demirtaş Zorbaz, Editor, Nobel Yayın Dağıtım, Ankara, pp.179-200, 2020
- XIII. **young adult adaptation problems**  
Uçar S.  
in: Life Periods and Adaptation Problems, Şule Baştemur, Editor, Nobel Yayın Dağıtım, Ankara, pp.251-271, 2020

## **Refereed Congress / Symposium Publications in Proceedings**

- I. **7. sınıf öğrencilerine yönelik matematik başarı testi geliştirilmesi**  
Çapraz M., Uçar S.  
13. Uluslararası Sosyal Beşeri ve Eğitim Bilimleri Kongresi, İstanbul, Turkey, 1 - 03 December 2022, pp.639
- II. **Aday Psikolojik Danışmanlar Erken Dönem Uyumsuz Şemalarına Benzer Danışmanlar mı Buluyorlar?**

- Ercan E., Uçar S.  
IXth International Eurasian Educational Research Congress, İzmir, Turkey, 22 - 25 June 2022, pp.1289-1290
- III. Derin S., Uçar S.  
8. International Eurasian Educational Research Congress, Aksaray, Turkey, 7 - 10 July 2021, pp.1062-1063
- IV. Uçar S., Derin S.  
ERPİ International congresses on education, Sakarya, Turkey, 3 - 05 June 2021, pp.69
- V. **Exploring Romantic Relationship Patterns among Turkish Emerging Adults: A Grounded Theory Study**  
Uçar S., Demir İ.  
9th the Society for the Study of Emerging Adulthood (SSEA) Conference, Toronto, Canada, 10 - 12 October 2019, pp.40
- VI. **Initiating, Maintaining and Terminating a Romantic Relationship during Emerging Adulthood in Turkey**  
Uçar S.  
9th the Society for the Study of Emerging Adulthood (SSEA) Conference, Toronto, Canada, 10 - 12 October 2019, pp.40
- VII. **Mixed method research on school psychological counselors' effective psychological counselor qualifications and empowerment needs**  
Uçar S., Baştetur Ş.  
20. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, Samsun, Turkey, 25 - 27 October 2018, pp.186
- VIII. **An intercultural qualitative review on the impact of others' thoughts when making decisions**  
Ercan E., Uçar S.  
20. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, Samsun, Turkey, 25 - 27 October 2018, pp.439
- IX. **Communication skills, conflict resolution styles, relationship beliefs and emotional attachment in married individuals in terms of various variables**  
Uçar S., Yıldız Y., Baştetur Ş., Dursun-Bilgin M.  
4. Uluslararası Eğitim Bilimleri Sempozyumu, Antalya, Turkey, 3 - 05 May 2018, pp.67
- X. **Marital expectation, gender roles and personality traits in women and men**  
Ercan E., Uçar S.  
5. International Eurasian Educational Research Congress, Antalya, Turkey, 2 - 05 May 2018, pp.1595-1597
- XI. **Dating aggression in emerging adulthood: Mixed Method Study**  
Uçar S., Baştetur Ş.  
5. International Eurasian Educational Research Congress, Antalya, Turkey, 2 - 05 May 2018, pp.1591-1594
- XII. **Prediction of perfectionism in terms of coping strategies, life satisfaction and psychological symptoms**  
Ercan E., Uçar S.  
1. International Congress on New Horizons in Education and Social Sciences, İstanbul, Turkey, 9 - 11 April 2018, pp.30
- XIII. **Master of life seniors reflections on cartoons**  
Baştetur Ş., Yıldız Y., Uçar S., Dursun-Bilgin M.  
3. International Eurasian Educational Research Congress, Muğla, Turkey, 30 May - 03 June 2016, pp.1741-1742
- XIV. **Turkish counselors' perspectives toward feminist therapy.**  
Uçar S., Yıldız Y., Dursun-Bilgin M., Baştetur Ş.  
3rd International Congress on Clinical and Counseling Psychology, İstanbul, Turkey, 13 - 17 October 2015, pp.49
- XV. **Psikolojik Danışmada Yeni yaklaşımlar:Alternatif Terapiler**  
Baştetur Ş., Dursun-Bilgin M., Yıldız Y., Uçar S.  
3rd International Congress on Clinical and Counseling Psychology, İstanbul, Turkey, 13 - 17 October 2015, pp.49
- XVI. **From modern family therapies Transition to postmodern family therapies.**  
Yıldız Y., Dursun-Bilgin M., Uçar S., Baştetur Ş.  
13. Ulusal Psikolojik Danışma ve Rehberlik Kongresi, Mersin, Turkey, 7 - 09 October 2015, pp.846-847
- XVII. **Abroad and in Turkey Systematic review study of solution-focused short-term therapy between**

**2011-2015**

Uçar S., Bařtemur Ő., Dursun-Bilgin M., Yıldız Y.

13. Ulusal Psikolojik Danıřma ve Rehberlik Kongresi, Mersin, Turkey, 7 - 09 October 2015, pp.835-837

**XVIII. Prediction of job burnout in married couples**

Ercan E., Uçar S.

ICEC 2013: 2nd International Counseling and Education Conference, İstanbul, Turkey, 1 - 04 May 2013, pp.21

**XIX. Validity and reliability of the scale of discriminating psychological counseling skills among university students.**

Ercan E., Er G., Uçar S., Yaka B.

10. Ulusal Psikolojik Danıřma ve Rehberlik Kongresi, Adana, Turkey, 21 - 23 October 2009, pp.183

## **Metrics**

Publication: 48

Citation (WoS): 1

Citation (Scopus): 3

H-Index (WoS): 2

H-Index (Scopus): 1

## **Non Academic Experience**

University, İstanbul Medipol Üniversitesi, Rehberlik ve Psikolojik Danıřmanlık ABD

Other Public Institution, Milli Eđitim Bakanlıđı, Rehberlik Arařtırma Merkezi, İlkokul

MİLLİ EđİTİM BAKANLIđI

Business Establishment Private, Çocuk & Ergen Psikiyatri Merkezi, -

Çocuk ve Ergen Psikiyatri Merkezi