

## Assoc. Prof. NALAN HAKİME NOĞAY

### Personal Information

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Address: Erciyes Üniversitesi, Sağlık Bilimleri Fakültesi Beslenme ve Diyetetik Bölümü, Melikgazi/KAYSERİ

### Education Information

Post Doctorate, The Ohio State University, School of Health and Rehabilitation Sciences College of Medicine , Medical Dietetics / Developmental Disabilities, United States Of America 2018 - 2020

Doctorate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik, Turkey 2004 - 2009

Post Graduate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Diyetetik, Turkey 1999 - 2003

Under Graduate, Hacettepe Üniversitesi, Sağlık Teknolojisi Yüksekokulu, Beslenme Ve Diyetetik, Turkey 1995 - 1999

### Certificates, Courses and Trainings

Health&Medicine, Working With the IACUC (Lab Animal Research) Course, The Ohio State University, 2019

Health&Medicine, Human Subjects Protection (Biomedical) Course, The Ohio State University, 2018

Health&Medicine, Responsible Conduct of Research (OSU RCR Core) Course, The Ohio State University, 2018

Health&Medicine, Responsible Conduct of Research (Biomedical) Course, Ohio State University, 2018

Health&Medicine, Deney Hayvanları Kullanım Sertifikası, Erciyes Üniversitesi, 2017

### Dissertations

Doctorate, Zeynep Kamil Kadın ve Çocuk Hastalıkları Eğitim ve Araştırma Hastanesi Çocuk Polikliniğine başvuran 6-18 yaş grubu çocuklarda metabolik sendrom görülme durumu ve beslenme durumunun ilgili risk faktörleri üzerine etkisi, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik Anabilim Dalı, 2009

Post Graduate, Bir batında çoğul doğum yapan annelerin bebeklerini besleme çeşidinin bebeklerin büyüme ve gelişim durumlarına etkisi, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik Anabilim Dalı, 2003

### Research Areas

Health Sciences, Nutrition and Dietetics

### Academic Titles / Tasks

Associate Professor, Erciyes Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik Bölümü, 2015 - Continues

Assistant Professor, Kırklareli Üniversitesi, Sağlık Yüksekokulu, Beslenme Ve Diyetetik Bölümü, 2009 - 2015

### Professional Experience

## Advising Theses

- NOĞAY N. H. , Adölesanlarda Kan Basıncı ile Beslenme ve Diğer Yaşam Tarzı Faktörleri Arasındaki İlişkinin Değerlendirilmesi, Post Graduate, S.Fırat(Student), 2018
- NOĞAY N. H. , Kadınlarda Bel Çevresi ve Beden Kitle İndeksi ve Beck Depresyon Envanteri Puanlaması Arasındaki İlişkinin Saptanması, Post Graduate, E.Bunsuz(Student), 2018
- NOĞAY N. H. , BESLENME VE YAŞAM TARZI ALIŞKANLIKLARININ MEME KANSERİ ÜZERİNDEKİ ETKİSİNİN DEĞERLENDİRİLMESİ, Post Graduate, H.Toklu(Student), 2017
- NOĞAY N. H. , Zihinsel Engelli Çocukların Beslenme Durumuna Annelerinin Tükenmişlik Düzeyinin Etkisi, Post Graduate, H.Şahin(Student), 2017
- NOĞAY N. H. , TİP 2 DİYABETLİ BİREYLERDE DİYET KALİTESİNİN YAŞAM KALİTESİNE ETKİSİ, Post Graduate, D.GÜNEŞ(Student), 2017
- NOĞAY N. H. , Hastanede Yatan Çocuklarda STRONGkids Tarama Aracı ile Malnutrisyon Riskinin Belirlenmesi, Post Graduate, B.Oruçoğlu(Student), 2016
- NOĞAY N. H. , KRONİK PERİODONTİTİSLİ HASTALARDA OBEZİTE VE İNFLAMASYON İLİŞKİSİ, Post Graduate, T.Genç(Student), 2015

## Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- **The Effect of the Low FODMAP Diet on Gastrointestinal Symptoms, Behavioral Problems and Nutrient Intake in Children with Autism Spectrum Disorder: A Randomized Controlled Pilot Trial**  
Noğay N. H. , Walton J., Roberts K. M. , Nahikian-Nelms M., Witwer A. N.  
Journal Of Autism And Developmental Disorders, vol.0, pp.1-12, 2020 (Journal Indexed in SSCI)
- **Can we reduce autism-related gastrointestinal and behavior problems by gut microbiota based dietary modulation? A review**  
Noğay N. H. , Nahikian-Nelms M.  
NUTRITIONAL NEUROSCIENCE, 2019 (Journal Indexed in SCI)
- **Effects of dietary habits and sedentary lifestyle on breast cancer among women attending the oncology day treatment center at a state university in Turkey**  
TOKLU H., NOĞAY N. H.  
NIGERIAN JOURNAL OF CLINICAL PRACTICE, vol.21, pp.1576-1584, 2018 (Journal Indexed in SCI)
- **Assessment of the correlation between the atherogenic index of plasma and cardiometabolic risk factors in children and adolescents: might it be superior to the TG/HDL-C ratio?**  
NOĞAY N. H.  
JOURNAL OF PEDIATRIC ENDOCRINOLOGY & METABOLISM, vol.30, pp.947-955, 2017 (Journal Indexed in SCI)
- **The role of psychological eating styles in obesity among Turkish adolescents: A cross-sectional study**  
NOĞAY N. H.  
JOURNAL OF THE PAKISTAN MEDICAL ASSOCIATION, vol.67, no.4, pp.573-576, 2017 (Journal Indexed in SCI)
- **Academic stress effects food choice in health school students**  
Memi G., Kumral Z. N. Ö. , NOĞAY N. H.  
ACTA PHYSIOLOGICA, vol.211, pp.128, 2014 (Journal Indexed in SCI)
- **Nutritional status in mentally disabled children and adolescents: A study from Western Turkey**  
Nogay N. H.  
PAKISTAN JOURNAL OF MEDICAL SCIENCES, vol.29, pp.614-618, 2013 (Journal Indexed in SCI)
- **Effect of lifestyle on metabolic syndrome in Turkish children and adolescent. Pak J Med Sci**  
NOĞAY N. H. , Köksal G.  
PAKISTAN JOURNAL OF MEDICAL SCIENCES, vol.28, pp.652-656, 2012 (Journal Indexed in SCI Expanded)

● **The relationship of subjective global assessment with respiratory function and other nutrition parameters in COPD**

Nogay N. H.

HEALTHMED, vol.6, pp.2013-2017, 2012 (Journal Indexed in SCI)

● **Malnutrition risk and associated factors among elderly people in Turkey**

Nogay N. H. , Akinci A. C.

HEALTHMED, vol.6, pp.3694-3700, 2012 (Journal Indexed in SCI)

● **Dietary Habits Contributing to the Cancer Prevention Among Health College Students in Turkey**

Nogay N. H. , Akinci A. C. , Sert H., Kurtulus Z., Gedik S.

ASIAN PACIFIC JOURNAL OF CANCER PREVENTION, vol.13, pp.963-968, 2012 (Journal Indexed in SCI)

## Articles Published in Other Journals

● **Evaluation of sleep disturbances, gastrointestinal problems and eating behaviors in Turkish children with autistic disorder and PDD-NOS**

Gok S., Ozturk S. N. , Karaca R., İlbars S., Noğay N. H.

Advances in Autism, pp.1-12, 2020 (Journal Indexed in ESCI)

● **CHANGABLE ENVIRONMENTAL RISK FACTORS IN AUTISM: VITAMIN D AND FOLIC ACID**

NOĞAY N. H.

International Journal of Health Services Research and Policy, vol.3, pp.151-160, 2018 (Refereed Journals of Other Institutions)

● **Sağlık Çalışanlarında Sağlıklı Yaşam Biçimi Davranışlarının Değerlendirilmesi**

Yanık A., NOĞAY N. H.

Fırat Tıp Dergisi, vol.22, pp.167-176, 2017 (National Refereed University Journal)

● **Effect of examination stress on energy and nutrient intake in university students**

Memi G., NOĞAY N. H.

RAWAL MEDICAL JOURNAL, vol.42, pp.312-315, 2017 (Journal Indexed in ESCI)

● **Çocuklarda metabolik sendrom ve diğer metabolik özellikler**

NOĞAY N. H. , Köksal G.

Electronic Journal of Vocational Colleges, no.3, pp.171-177, 2013 (Refereed Journals of Other Institutions)

● **Beslenmenin beyin gelişimi üzerindeki etkisi**

NOĞAY N. H.

Electronic Journal of Vocational Colleges, no.2, pp.42-45, 2012 (Refereed Journals of Other Institutions)

● **Çocuklarda Metabolik Sendromun Tedavisinde Beslenme Yönetimi**

NOĞAY N. H. , Köksal G.

Güncel Pediatri Dergisi, pp.92-97, 2012 (Other Refereed National Journals)

● **Gebe kadınların beslenme durumlarının değerlendirilmesi**

NOĞAY N. H.

Electronic Journal of Vocational Colleges, vol.1, pp.51-57, 2011 (Refereed Journals of Other Institutions)

● **Çoğul Doğan Bebeklerin Beslenme Durumlarının Büyüme Üzerine Etkisi**

Köksal G., NOĞAY N. H.

Türkiye Klinikleri Pediatrik Bilimler Dergisi, vol.1, pp.109-117, 2005 (Other Refereed National Journals)

## Books & Book Chapters

● **Kefir Beverage and Its Effects on Health**

Noğay N. H.

in: The Science of Beverages, Milk-Based Beverages: Volume 9, Grumezescu AM, Holban AM, Editor, Elsevier Business Information , Massachusetts, pp.273-296, 2019

● **Effects of the gut microbiota on autism spectrum disorder**

NOĞAY N. H.

in: Handbook of Food Bioengineering, Grumezescu AM, Holban AM, Editor, Elsevier Elsevier Science, Oxford/Amsterdam, Cambridge, pp.347-368, 2018

● **Okul Öncesi ve Okul Çağı Çocuk Beslenmesi**

NOĞAY N. H.

in: Beslenmenin Esasları Ve Sağlığın Korunmasında Beslenme, Özenoğlu A, Editor, Hatiboğlu Basım Yayım, Ankara, pp.683-698, 2016

● **Evaluation Of Risk Factors Affecting Obesity Development In Children And Adolescents.**

NOĞAY N. H.

in: A Current Prepective on Health Sciences, Ayşegül Yıldırım Kaptanoğlu, Editor, Rotipo, Rotipo, pp.562-571, 2014

● **The Relationship Between Nutrient Intake And Blood Pressure In 15-18 Year Old Adolescents.**

NOĞAY N. H.

in: A Current Prepective on Health Sciences, Ayşegül Yıldırım Kaptanoğlu, Editor, Rotipo, Rotipo, pp.582-589, 2014

● **The Healthy Life Style Behaviors Of Health School Students And Relevant Factors**

Yanık A., NOĞAY N. H.

in: A Current Prepective on Health Sciences, Ayşegül Yıldırım Kaptanoğlu, Editor, Rotipo, Rotipo, pp.571-582, 2014

● **Autism Spectrum Disorder and Nutrition**

NOĞAY N. H.

in: Science and education at the Beginning of the 21. Century in Turkey, Mortan K, Hristov İ, Strelava O, A-TASOY E., Editor, St Kliment Ohridski University, Sofia, pp.582-590, 2014

● **Çoğul Gebeliklerde Beslenme**

NOĞAY N. H.

in: Gebelikte Beslenme, Gülden Köksal, Editor, Danone Enstitüsü Derneği, İstanbul, pp.33-40, 2013

## **Refereed Congress / Symposium Publications in Proceedings**

● **THE EFFECT OF MOTHERS' LEVEL OF BURNOUT ON THE NUTRITION OF THEIR INTELLECTUALLY DISABLED CHILDREN**

Sahin H., NOĞAY N. H.

INESEC 2018 INTERNATIONAL HEALTH SCIENCES CONFERENCE, Diyarbakır, Turkey, 14 - 17 November 2018, pp.687-688

● **TURPGİLLER VE MEME KANSERİ İLİŞKİSİ**

TOKLU H., NOĞAY N. H., ÇAVDAR M.

1.Uluslararası Sağlık Bilimleri Ve Yaşam Kongresi, Burdur, Turkey, 2 - 05 May 2018, pp.526-531

● **TİP2 DİYABETLİLERDE DİYET KALİTESİNİN METABOLİK KONTROLE VE LİPİD PROFİLİNE ETKİSİ**

Güneş D., NOĞAY N. H.

Aydın Multidisipliner Endokrin Günleri, Aydın, Turkey, 9 - 11 March 2018, pp.6

● **Nutrisyonel Genomik ve Obezite Üzerine Etkisi**

TOKLU H., NOĞAY N. H.

I. Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017, pp.416

● **Diyetin İntestinal Mikrobiyota Üzerindeki Etkisi**

NOĞAY N. H., TOKLU H.

I. Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017, pp.418

● **Autism Spectrum Disorder and Vitamin D**

NOĞAY N. H.

4th World Conference on Health Sciences (HSCI-2017), Oral Presentation, Antalya, Turkey, 28 - 30 April 2017, pp.38

● **Evaluation of Nutritional Status in Children with Autism Spectrum Disorders**

NOĞAY N. H.

4th World Conference on Health Sciences (HSCI-2017), Oral Presentation, Antalya, Turkey, 28 - 30 April 2017, pp.39

● **An Evaluation of the Relationship between the Anthropometric Measurements and Blood Lipid Profiles in Adolescents. Oral Presentation**

NOĞAY N. H.

19th International Conference on Interdisciplinary, Multidisciplinary Science, Engineering and Technology, Londra, United Kingdom, 16 - 17 February 2017, pp.1768

● **Adolesanlarda Doğum Ağırlığının Kardiyometabolik Risk Faktörleri Üzerindeki Etkisi**

NOĞAY N. H.

2. Fetal Hayattan Çocukluğa İlk 1000 Gün Gebe ve Çocuk Beslenmesi Kongresi, Ankara, Turkey, 27 - 29 March 2014, pp.64

● **Evaluation of the relationship between hyperinsulinemia and life style factors in children and adolescents**

NOĞAY N. H.

7th DIETS/EFAD Conference, poster presentation, Verona, Italy, 8 - 09 November 2013, pp.51

● **The relationship between cardiometabolic disease risk factors and anthropometric measurements in adolescents.**

NOĞAY N. H.

7th DIETS/EFAD Conference, poster presentation, Verona, Italy, 8 - 09 November 2013, pp.87

● **Adolesanlarda Tv İzleme-Bilgisayar Kullanma Ve Fiziksel Aktivitenin Bazı Antropometrik Ve Biyokimyasal Parametreler İle İlişkisi**

NOĞAY N. H.

● 3. TRAKYA AİLE HEKİMLİĞİ KONGRESİ, Sözel Sunum, Edirne, Turkey, 31 October - 03 November 2013, pp.32-33

**DİYETLE KALSİYUM ALIMININ OBEZİTE ÜZERİNDEKİ ETKİSİ**

NOĞAY N. H.

3. TRAKYA AİLE HEKİMLİĞİ KONGRESİ, Poster Bildiri, Edirne, Turkey, 31 October - 03 November 2013, pp.51

## Supported Projects

NOĞAY N. H. , ŞAHİN H., Project Supported by Higher Education Institutions, Zihinsel Engelli Çocukların Beslenme Durumuna Annelerinin Tükenmişlik Düzeyinin Etkisi, 2016 - 2017

## Invited Congress and Symposium Activities

Nisonger Institute 2020, Pharmacologic and Non-Pharmacologic Treatment of persons with IDD and Co-occurring Mental Illness and/or Behavioral Challenges, Attendee, Ohio, United States Of America, 2020

Autism Research Institute. Research finds GI issues coincide with problem behaviors in ASD, Attendee, Ohio, United States Of America, 2020

The Fourteenth Annual International Scholar Research Exposition, The Ohio State University, Attendee, Ohio, United States Of America, 2019

The Ohio State University Nisonger Center; Topics in DD Series, Attendee, Ohio, United States Of America, 2019

16th Annual Russell Klein Research Symposium, Attendee, Ohio, United States Of America, 2019

2019 Martha Nelson Lewis Symposium-Building Nutrition Leaders:Creating Capacity to Meet Global Opportunities, Attendee, Ohio, United States Of America, 2019

Nisonger Center; Adapting the JASPER Intervention for Children with Visual Impairment, Attendee, Ohio, United States Of America, 2018

Nisonger Center, Genes, Environments and their Interplay, Attendee, Ohio, United States Of America, 2018

Nisonger Center, How Can We Use Mice to Better Understand Neurodevelopmental Disorders?, Attendee, Ohio, United States Of America, 2018

## **Citations**

Total Citations (WOS):27

h-index (WOS):4

## **Scholarships**

2219-Yurt Dışı Doktora Sonrası Araştırma Bursu, TUBITAK, 2018 - Continues

## **Awards**

NOĞAY N. H. , Hatibođlu Yayınevi, Ayşe Baysal Bilim Ödülü, BİLİM TEŞVİK ÖDÜLÜ, BESVAK, May 2014